

This months M.A.P. Is about confidence. Check out these links and what these athletes have to say. Then flip through the pdf and see how you can get these confidence skills yourself.

- This article is with Alex Morgan check out what she has to say about confidence....is this something you can have? http://www.cnn.com/2013/06/13/world/girl-rising-alex-morgan/
- This article is about Alejandro Bedoya I encourage you all to not only read the article but google him to find out how hard he has fought to have a career and maintain and build his confidence.
 - ---http://americansoccernow.com/articles/perseverance-has-paid-off-for-alejandro-bedoya
- This article is about Iniesta and Barca. See what he has to say in light of a few recent losses to his team....no problem here....but why is his confidence still so high?
 - http://msn.foxsports.com/foxsoccer/laliga/story/iniesta-says-confidence-still-high-despite-barcelona-defeats-120413